Juustopolku Trail

Medium



Kupparinkivi boulder | Romantic spruce forest | Korvenlampi lean-to

Juustopolku is an old connection trail from Heinola to Vuolenkoski. Leading through a fairy tale-like spruce forest, it helps you forget about all your troubles. The trail is suitable for a day trip, but it is also possible to stay overnight in the lean-to shelter. There is an impressive boulder, Kupparinkivi ("Cupper's Rock"), by the trail. And if you pay close attention, you may see traces of beavers that have lived in the area.

Description

Juustopolku starts from Jyränkö, Heinola, by Lake Konnivesi. The terrain varies from paths to forest roads. Soon after the starting point, the trail leads to a spruce forest, and later it passes through lichen-covered rocks, groves and heathlands. The trail ends in the village of Vuolenkoski. There are two lean-to shelters along the trail: the Korvenlampi shelter in a beautiful lookout spot and Läpiä shelter in the forest. Korvenlampi is about 3.8 km from the starting point, and Läpiä is about 9 km from the starting point.

Good to know

In rainy weather, there are puddles on the trail, so waterproof shoes are a better alternative than running shoes. Bring a knife and matches to make a fire. The Juustopolku Hike is arranged every autumn, including bus transportation to both ends of the trail. Lots of berries and mushrooms can be found along the trail, and they can be picked freely.

Difficulty

There are some hilly and rocky sections on the trail, so sturdy shoes are recommended. In general, the trail is well maintained and clearly marked. Some sections have duckboards. Please take the duration of the trail into consideration and bring a sufficient supply of food and water. There are some lumbering sites along the trail, and in these places you must pay close attention to the correct route.

How to get there

You can start the Juustopolku trail from the centre of Heinola: walk down Tamppilahdenkatu until the crossing with Muikkuojankatu. This is where the trail starts to follow the lakeshore. Heinola has good bus connections, and the starting point of the trail is within walking distance of bus stops. The nearest is the Jyränkö stop. In Vuolenkoski, the trail starts from the Vuolenkoski school or sports field. Vuolenkoski cannot be accessed by public transportation.

STARTING POINT:

Tamppilahdenkatu 35, 18150 Heinola, N61 11.309 E26 02.207

Vuolenkoski school, Vuolenkoskentie 1298, litti N61 05.076 E26 08.902

Vuolenkoski sports field, Herrojentie 12, litti

TRAIL MARKINGS: Painted white marks

MORE INFORMATION, PHOTOS AND SERVICES **OF THE SURROUNDING REGION:** www.visitpaijanne.fi





